



**Scott P. Sells, Ph.D**

Dr. Sells is a Licensed Clinical Social Worker, Licensed Marriage and Family Therapist and former tenured Professor of Social Work at Savannah State University, Savannah, GA.

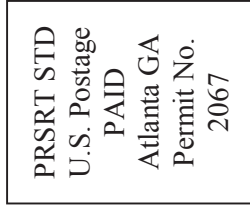
Dr. Sells holds a doctorate in both Marriage and Family Therapy and Social Work from Florida State University. He has over 20 publications and has authored two books entitled: Treating the Tough Adolescent: A Family-Based, Step-by-Step Guide (Guilford Press, 1998) and Parenting Your Out-of-Control Teenager: 7 Steps to Reestablish Authority and Reclaim Love (St. Martin's Press, 2001). Dr. Sells is a retired Professor of Social Work at Savannah State University in Savannah, GA and Associate Professor at UNLV in Las Vegas, NV. Dr. Sells is currently the Chief Executive Officer and founder of Parenting with Love Limits.

It took Dr. Sells six years of intensive research to discover what makes children and teens go beyond normal everyday rebellion and move into behaviors that are out of control. He also has discovered how to reach resistant parents and get them motivated and engage their teenager again. The book, Parenting Your Out-of-Control Teenager, is based upon this research and contains the seven critical steps parents need to restore both love and limits with their teenagers.

The Parenting with Love and Limits Model is currently being used in more than fifteen U.S. States and The Netherlands by state agencies, county programs, and private providers to engage parents.

Dr. Sells is the Chief Executive Officer and founder of Parenting with Love and Limits, and has worked with and treated over 1,000 difficult children and teenagers throughout his career. PLL's vision is to help professionals and parents reduce or eliminate severe behavior problems in teenagers and children through a step-by-step road map and the restoration of both love and limits, and as such, PLL's motto is "Helping Organizations Restore Families®."

Dr. Sells and PLL work with Juvenile Justice, Residential Treatment centers, and Foster Care agencies across the United States and abroad to implement his evidence-based Model Program, *Parenting with Love and Limits®*.



**Georgia Association for  
Marriage and Family Therapy**  
P.O. Box 29745  
Atlanta, Georgia 30359

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**PARENTING WITH  
LOVE AND LIMITS:  
ENGAGING RESISTANT PARENTS**

*Scott P. Sells, Ph.D.*

**Saturday, February 20, 2016**

at

**Mercer University –  
Atlanta Campus**



**Atlanta, Georgia**

## PARENTING WITH LOVE AND LIMITS: ENGAGING RESISTANT PARENTS

According to the latest research, active parental participation is the missing link to preventing high risk juveniles from entering commitment or relapsing once they transition back into the community from institutional treatment. Parenting with Love and Limits (PLL), an evidence-based model, will illustrate three unique ways to engage the parents and the family to prevent relapse: (1) A unique combination of group and family therapy to teach parents missing core skills; (2) Motivational interviewing tactics and the clear boundaries to quickly engage families; (3) Recognizing the direct link between unresolved trauma and delinquent behavior and actively treating unhealed wounds.

Participants will:

- 1) Learn how focusing on the individual juvenile without an equal focus on the family will lead to high relapse rates and the future implications of this continued practice.
- 2) Learn how Parenting with Love and Limits (PLL) is using a combination of group and family therapy in a brief treatment format that is uniquely different from other models to engage the most resistant parents to achieve 75% graduation rates without a court order. Video tapes and research outcomes will illustrate how this is possible.
- 3) Learn how PLL uses motivational interviewing tactics, clear boundary setting, and wound work to get the parents quickly engaged and how satellite sites are used to treat families in hard to reach rural communities within places like Idaho and Montana.
- 4) Learn how PLL is creatively being used in other communities to keep high risk juveniles on probation out of residential treatment and those returning back into the community from residential in home, in school, and out of trouble with the law.

### CONFERENCE LOCATION

MERCER UNIVERSITY, ATLANTA ADMINISTRATION AND  
CONFERENCE CENTER, AUDITORIUM  
2930 FLOWERS ROAD SOUTH, ATLANTA, GEORGIA 30341

**From Valdosta** take I-75 N to DeKalb County. Take exit 34 from I-285.

**From Savannah** Take I-16 W and I-75 N to Chamblee Tucker Rd in DeKalb County. Take exit 34 from I-285.

**From Macon** take I-75 N and I-285 to Chamblee Tucker Rd in DeKalb County. Take exit 34 from I-285.

## CONFERENCE PROGRAM SATURDAY, FEBRUARY 20, 2016



**8:15 – 9:00 am**

- Registration and continental breakfast

**9:00 – 10:00 am**

- The Use of Icebreakers—Why is this a Good Beginning Intervention?

**10:00 – 10:30 am**

- What Makes This Seminar Different From Typical Parent Educational Experiences

**10:30 – 10:45 am**

- Break

**10:45 – 12:00 pm**

- Learn Process #1 – The Art of Venting  
Learn Process #2 – Inner/Outer Circle and Button Pushing

**12:00 – 1:00 pm**

- Lunch provided onsite

**1:00 – 2:00 pm**

- Learn Process #3 – How to Construct Ironclad Rules

**2:00 – 3:00 pm**

- Learn Process #4 – Injecting Nurturance Back Into Families?

**3:00 – 3:15 pm**

- Break

**3:15 – 4:30 pm**

- Questions - Discussion

### LODGING

Rooms are available at the Doubletree Atlanta - Northlake on Friday, February 19, for conference participants at the discounted rate of \$98.00. To reserve a room, call 678-987-1173 by January 22 and ask for a room at the GAMFT rate. Check-in time is 3:00 p.m. and check-out time is 12:00 noon.

### CE Credit: 6 Core Hours

GAMFT is authorized to provide Core CE hours for Georgia Marriage and Family Therapists. This conference has been approved for 6 Core CE hours by the National Association of Social Workers, Georgia Chapter, and the Licensed Professional Counselor Association of Georgia. It also meets the requirements of Area III Continuing Education for psychologists in Georgia.

## CONFERENCE REGISTRATION 2016 GAMFT Winter Conference

### Parenting With Love and Limits: Engaging Resistant Parents

Name: \_\_\_\_\_ Degree: \_\_\_\_\_

Address: \_\_\_\_\_

City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (Day): \_\_\_\_\_ (Evening): \_\_\_\_\_

**Please Check Appropriate Category and Circle Total Cost**  
(Cost includes Continental Breakfast and Buffet Lunch)

<u>Category</u>	<u>Early Registration</u> <u>Postmark by 1/15/16</u>	<u>Regular Registration</u> <u>After 1/15/16</u>
<input type="checkbox"/> AAMFT Clinical Fellow, Member, or Affiliate Member	\$150.00	\$165.00
<input type="checkbox"/> Non-Member	\$175.00	\$190.00
<input type="checkbox"/> Full-time Student, Pre-Clinical Fellow or AAMFT Associate Member	\$ 95.00	\$110.00

**Group Registration of \*3 or more participants from the same agency/office:**

- Early group registrants get 15% for each person
- Regular group registrants get 10% for each person

**Detach this form and mail with check payable to GAMFT:**

GAMFT Winter Conference  
P.O. Box 29745  
Atlanta, GA 30359

**Cancellation Policy:** The registration fee, minus a 10% administrative fee, will be refunded when notice of cancellation is received by January 22. No refunds will be given after January 22.